

REAL LOVE

Real Love is free, infinite and unconditional. Can you imagine a Love that is so pure and tender that it melts your heart and brings you such a deep peace that you feel you are in heaven. When we experience this Love, it almost seems as if we have left this earthly existence and flown to a beautiful new world.

In this state of near perfection, we know we are forgiven of all our wrongdoings and we have forgiven each person who has ever hurt us or those close to us. You know when we truly experience forgiveness, our whole being becomes as light as air; at least we experience this feeling. We are now at a new place that seems foreign to us as there are no rules, just beautiful relationships. Hierarchy and rules are for most of us necessary, so that those in a position of power and authority can maintain their position in society. As our relationships with each other become damaged, we see the need for rules and authority.

In the beginning, Love was very real and creation mirrored this love in all its many facets. Then man chose independence over relationship and we became a danger to each other. "Others became objects to be manipulated or managed for your own happiness"(1). So, authority is just the excuse the strong among us, use to make others conform to whatever it is that they want.

Mercy and compassion are the hallmarks of real love. The young and the old are cared for and shown much tenderness and kindness. The poor and the sick are cared for too in the same way. However, in our modern society we too often see these people shunned or put away in an institution, where they are mistreated in many cases. Relationships become more damaged and we seem to not realize the state of chaos most of us live in.

Real love is the greatest gift we can give or receive. Without it our world would cease to exist and us with it. It is a creative power and brings us to the experience of our fullest destiny.

When we discover why it is that we exist as individuals, and become one with creation in Love, we become empowered to reach our goals in this life. In doing so, we are then in tune with the Creator and the invisible, thinking stuff that ensures we reach our true life goals. We become masters of transferring our creative thoughts to this unseen matter, and it then goes about creating opportunities for us in order that we may achieve those special goals.

On a cellular level, the meaning of real love is "found in the space between the cells from and with which the cells were created. It is within the silence"(2). To discover this space, we need to master the radical act of meditation. Meditation is for everyone. There are almost as many ways to meditate as there are meditators. The practice is simple and can be mastered by anyone. This special space between all the cells of our body and that of all things is sometimes called Love and is a very sacred consciousness. From this space, true healing and wholeness emerge. "Only when you become the mountain (much easier than climbing it) will you see the view, the burning bush...and the personality 'I' and I may then hear the 'Voice of God' from the silence in the space between the cells.."(2)

This is getting quite deep I know, but I feel it is too important to leave out. Another thing is necessary here. In order to share real Love with others, we must Love our selves first. This is something a lot of people have difficulty with. They find it too hard to even accept themselves as they are, let alone Love themselves. You know each and every single person is unique and special, with his/her own talents. Each one of us is a pinnacle of Love and creation. We were created in God's image. How wonderful! So of course we should love our selves. Then we can truly Love each other. Remember, "True Love never forces"(1).

I'm sure you have come to realize now that to be truly happy, we need to Love ourselves and others. Take time to ponder these things and learn how to meditate.

I send you my Love and wish you a full and contented life. Discover for yourself the beauty and wonder of Real Love.

(1) "The Shack" by Wm. Paul Young
(2) www.transpersonal.com.au

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