



Autumn 2012 Registration and Information Form for Meditation Courses I and II

Six Week Courses.....\$120, includes supper and course materials

Weekend Courses/Retreats.....\$220, not including accommodation; does include all meals (except breakfasts), am/pm teas and suppers, and course notes.

**Concessions are available for all meditation courses and programs. Please ask.

DATES:-

Six Week Courses: Course I on Monday evenings, 27th February – 2nd April 2012;

Course II on Thursday evenings, 1st March – 5th April 2012.

These meditation courses are held over consecutive weeks. Times: 7.30pm – 9.30pm

Weekend Courses/Retreats: Course I, 2nd – 4th March 2012;

Course II, 23rd – 25th March 2012.

These meditation courses and retreats begin on Friday evenings at 7.30pm and conclude on Sunday afternoons at approximately 3.30pm.

VENUE: Health 'n' Harmony, Grenfell

ADDRESS: 'Spreyton', 22 Bradley Street, Grenfell NSW 2810 Australia

Privacy Policy: Health 'n' Harmony, Grenfell acknowledges and respects the privacy policy of individuals. Information is collected for the purposes of processing your application, booking or enquiry, keeping you informed of upcoming events, latest information, support programs and assisting us in providing our services and programs. The intended recipients of the information is Health 'n' Harmony, Grenfell. The provision of the information is voluntary, but if not provided we may be unable to process your application, booking or enquiry. You have the right of access to and alteration of, information concerning yourself in accordance with the Act. Please direct any enquiries you have directly to us. Thank you.

Cancellation Policy: No refunds are given once the program has commenced. Cancellations received more than 2 weeks prior to course commencement will incur a Non-Refundable Fee of \$20 per booking. Cancellations received less than 2 weeks prior to course commencement will incur a Non-Refundable Fee of \$40 per booking. Cancellations received less than 5 days prior to course commencement will not be eligible for a refund, and course costs are due to be paid in full.

Transfer Policy: If you are unable to attend, you may transfer to another program in 2012 at no charge up to 2 weeks before commencement of the course. If you transfer to another program less than 2 weeks before course commencement, a \$40 transfer fee per booking will apply. All costs subject to change.

REGISTRATION FORM:-

Details:

Title.....Given Names.....

Surname.....D.O.B.....

Address.....

.....

.....

Tel.(W).....Tel.(H).....

Email.....

Mobile.....

Program and Date:.....

.....

Payment:

Please make your cheque or money order payable to 'Health 'n' Harmony, Grenfell'
or you can make your payment by direct deposit (please ask for our account details).

Thank you.

Enquiries: Please check our website: <http://www.healthnharmonygrenfell.com>

or contact us via email: info@healthnharmonygrenfell.com

or phone (02) 6343 2424 or mobile 0414 627 226.

Health 'n' Harmony, Grenfell

Contact: *Christine and John Convery.*

NOTE: Please complete this Registration Form and send to:

Health 'n' Harmony, Grenfell

22 Bradley St.

Grenfell. N.S.W. 2810 Australia.

ACCOMMODATION OPTIONS for Meditation Courses and Retreats:-

1. Grenfell Caravan Park (just 200m from the Meditation Venue)
A lovely caravan park with trees for shade, with good services and amenities
- has three ensuite cabins. Phone: (02) 6343 1194
2. 'Heron's Rest' B & B (breakfast basket included)
- Eco-friendly; lovely garden and peaceful surrounds.
Phone (02) 6343 2804 or (02) 6349 1201 during working hours.
3. 'The Calico Duck' B & B (fully cooked breakfast included)
- Good location away from the Main Street.
Phone (02) 6343 1402
4. 'Number Eight' B & B (continental breakfast included)
- about one kilometre from the meditation venue.
Phone 0428 748 540
5. Grenfell Guest Accommodation B & B (breakfast basket included)
- Plenty of bedrooms and good facilities.
Phone (02) 6343 5122

** Full accommodation options are listed on the Grenfell town website:

<http://www.grenfell.org.au>

**Contact us directly for further advice and information on accommodation options.

Health 'n' Harmony, Grenfell

Phone (02) 6343 2424 or Mobile 0414 627 226

or Email info@healthnharmonygrenfell.com

**The CWA Craft Shop and Visitors Centre is located at 68 Main St., Grenfell.

Phone (02) 6343 1612